

RSBC

Going Beyond

Join Us

21 DAYS PRAYER & FASTING

April 1st - April 21st

See April's Newsletter pages 4-6 for more detail information
about Fasting & Prayer

Rising Star Baptist Church 4216 Avenue M Fort Worth, TX 76105
Rev. Ralph W. Emerson, Jr. , Senior Pastor/Teacher

Commitment Cards

21-Days Prayer & Fasting *(April 1st - April 21st)*

*I, _____
commit to Fasting & Praying from April 1st to April 21st
for 21 days.*

*I am seeking to
become more available
for the movement of God in my life.*

Prayer Partners

My Name is: _____

_____ **I have a Prayer Partner**

Name of Prayer Partner:

_____ **I need a Prayer Partner**

Return Commitment Cards by
Bringing to Church with you Mail: 4216 Avenue M Ft. Worth, TX 76105
Fax to: (682) 841 0244 or Email to: cheryl.lee@risingstarbc.org

Purpose of Fasting

The purpose of Fasting is to take our eyes off the things of this world and instead focus on God.

Types of Fast

- Daniel Fast - (No meats...vegetables, fruit, and juices (all Natural) for 21 days)
- Food Fast - (ex. No meats, no sweets, no sodas, no bread)
- Social Media Fast - (No FaceBook, Snap Chat, etc.)
- Activity Fast - (ie: No TV, Movies, etc.)
- Financial Fast - (Only buy necessary items...no splurging)

Reasons to Fast and Pray

Because God requires it

Because Jesus did it

Meditation Scriptures on Fasting and Praying

Matthew 6:16-18

Matthew 17:20-21

Joel 2:12-13

Acts 14:23

Matthew 9:28

Daniel 9:3-5

Luke 2:37

Ezra 8:23

Isaiah 58

Daniel 10:1-3

Acts 13:2-4